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PICKLEBALL

RULES FOR BEGINNERS

1 A coin flip or rock, paper, scissors decides which side serves first.

2 Serve **MUST** land beyond the non-volley zone.

3 In doubles play each teammate is allowed a serve **EXCEPT** at the beginning of the game when only one serve is allowed by the 1st serving team.

4 There are **NO** "let serves" in pickleball. If the ball hits the net and lands in, play continues.

5 The serve must be allowed to **BOUNCE** before it is returned.

6 "Two-bounce rule"
Return of serve must **BOUNCE** before being hit.

7 The serve must be done **UNDERHAND** and below the waist. Overhand serves are not allowed.

8 **POINTS** can **ONLY** be earned by the **SERVING** team.

9 Only **GROUNDSTROKES** are allowed in the non-volley zone.

10 Games played to 11. You must win by two.